



Karen Scholl
Horsemanship for Women™

the E-NEWS

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Dear friends,

At a recent layover in Santa Ynez, CA, I met a young man who made quite an impression on me!

His name is Andrew, and there is no other way to say it... he was born with the 'horse gene'!

You see, Andrew is not quite two years old, and his very first words to me were (in this order), 'truck' and 'horse'.

I had always joked that I was born with the 'horse gene,' and many of us are... I just had never seen such an obvious example of this phenomenon!

Andrew's mother further describes how unusual this is because there are no horse books in the house, and his two older sisters, ages four and six, aren't nearly as interested in horses, the oldest not even wanting to come out and see them!

So how do you explain what seems to be an innate attraction to horses?

Why does one child beam with excitement, while a sibling remains indifferent? And how can this be so deeply engrained at such an early age?!

I guess that's one of the reasons I'm so driven to promote psychology-based training. Because a young man like Andrew deserves to have experiences with horses that match his innate love for these amazing creatures that can capture our heart even before we can speak whole sentences!

A special thanks to Andrew and his family for being such a wonderful example of the pure love we can have for horses, even from birth.

"Enjoy the journey!"

Karen & Gherkin

Horse Camp in the Cool Pines

The next Horsemanship for Women Advancing Camp is being held at Mormon Lake Lodge, just south of Flagstaff, AZ, August 5-12.

Watching what emerges from women with their horses over a pleasantly paced week of horsemanship sessions is amazing.

If you've ridden in a 3-day clinic and wonder what's next for you and your horse... this is it!

Don't miss out on the chance to spend a very special week with your horse in a lovely high mountain setting, with a group of supportive, like-minded people just like you!

Go on-line to reserve your spot to take your horse to summer camp with you!



Scooters Tale (Tail?)

When Scooter arrived at the three-day HFW clinic in Thousand Oaks, CA, he showed up with one idea of his owner, and left with a very different impression!

You see, Scooter is a very educated (and very cute) riding mule foaled and raised by Dr. and Mrs. Robert M. Miller.

Dr. Miller and Debby returned home from a speaking engagement in the Virgin Islands only two days before the clinic and Debby was scheduled for surgery on her hands only two days later, so getting Debby and Scooter to this clinic was a great effort on their part, showing real commitment to the ongoing education Dr. and Mrs. Miller are such a great example of.

Debby and Scooter can do anything together... as long as Debby's riding. On the ground, Scooter would regularly take advantage of Debby's lack of strength in her hands by turning and leaving when he decided it was time to

Horse Play Video

Now easy to find on the home page of the website, just click and play this fun, inspiring video to see Bergante and friends having fun to music!

This is also a great way to share Horsemanship for Women with your friends so they too can get excited about what's possible with their horse!



Gherkin at natural arch near Gateway, CO

do something else.

Debby would hang in there pretty good, but Scooter was just a little better at his angle and timing and could get away from you once he had his mind made up to leave!

You can imagine the frustration and challenge Debby felt, and there was Scooter with that little smirk that mules are famous for!

For those of you that are familiar with my teaching format, you know that we as women have a natural power of influence that can be used to change the mind of our four-legged friend, and once the mind is changed, the body will follow!

Debby's physical limitations were replaced with a fresh dose of leadership and a higher level of expectation from Scooter.

Because the mind of a mule is so perceptive and quick to adjust, Debby's efforts were rewarded when Scooter happily responded even on the longer 22' line!

Debby said she had never expected to be able to do this with Scooter herself, but having the techniques to influence his mind, she now knows what to expect and how to ask for it.

Debby also said she enjoyed the humorous anecdotes used to help women expand our leadership qualities, and could see what makes Horsemanship for Women unique.

Everyone in the clinic appreciated the opportunity to visit with Dr. and Mrs. Miller, and I was very glad to be able to help Debby adjust her technique to become a more effective leader for Scooter.



Dr. & Mrs. Miller, Diana & Rick Lamb
with Karen & Gherkin

Dr. Miller is in the final stages of his next book (title to be announced), so if you haven't already read his last book co-authored with Rick Lamb, "The Revolution in Horsemanship," go on-line and order this very compelling look about the emergence of natural horsemanship and how it's improving our lives with horses.

To further encourage people to read this book, I'm offering a \$5/hardbound, and \$3/softbound discount for all orders through the end of July.

Don't miss out on this chance to add a terrific book to your library!

Trailer Loading for Women

The brand-new "Trailer Loading for Women" DVD is almost ready for release!

If you've ever been just a little frustrated because all the techniques you've seen look great when men do them, but fail miserably when you get out there with your horse, this video is for you!!

Trailer loading is a very common challenge for lots of people, but especially for women as we lack the physical strength to respond to a 1200 lb prey animal when they are sure that rolling down the road in a 'metal cave on wheels' is not in their contract!

Quote from a current book I'm reading:

***“Success is a journey,
not a destination.”***



Family photo with Arabesque (Arab-QH)
& Rio (Pinto)

New Clinic Booking Format!

If you've been wondering how to bring a Horsemanship for Women clinic to your area, here's your chance!

Get 10 people to submit a \$50 deposit and a clinic date will be assigned to your area. The deposit is non-refundable, but is transferable.

Hurry and book your 3-day Foundation/Advancing format, and for \$250*, riders participate with their horse for three half-day sessions, auditing the other session for free.

Foundation is from 9:00 to noon, and Advancing is from 1:00 to 4:00.

By the way, an auditor ticket is included with the rider fee, so bring a friend!

**Prices good through 2006, subject to change as fuel prices continue to climb!!*

When the helpful husband comes out and gets the horse in, there's sometimes even more frustration because we feel dependent on having that handy man around rather than relying on our own resources.

By learning to tap in to our natural power of influence, women become every bit as skilled at teaching horses to willingly load into horse trailers, any time, any where and under any circumstance.

If this sounds like what you're looking for, keep watching the web site and announcement in the next newsletter for the scheduled release of this very exciting video!



Karen and Dive (QH)

Warrior Workshop

As mentioned in previous newsletters, Dawn Callan is a tremendous teacher of "Awakening the Warrior Within" workshops.

Dawn's book, Awakening the Warrior Within, secrets of personal safety and inner security, is a tremendous resource, but as you know with horses, nothing advances your skills further faster than live coaching.

Something I didn't share from my workshop with Dawn is that because I travel alone across the country, I've taken on a very high level of awareness and perceptiveness to potential danger. I could walk through a truck stop in a way that made me look like I knew what I was doing, but in Dawn's workshop I learned that even though I had that kind of look about me, I really had no idea what to do if something ever actually happened!

Because I had no prior training in this area, it was very likely that I would've done all the wrong things, just from a lack of knowledge to respond effectively when you don't have time to think!



Bergante kickin' up his heels!

FREE Video Download!

Because of limited space on the server, the free download for the first two segments of the knot-tying safety video will be changing to the next free download August 1st.

If you haven't yet captured this segment for your DVD library, log on to the web site and follow instructions before the subjects change.

If you'd prefer to skip the free monthly download, you can order this video at cost on karenscholl.com.



Karen with niece, Josalina, to introduce Safety Video

Upcoming Horse Fairs & Expos

I'm very honored to be invited to present at several upcoming horse fairs and expos.

The Hoosier Horse Fair in Indiana, and in Colorado, the Rocky Mountain Horse Expos in Durango, Grand Junction and Denver are all on the schedule.

There will be a variety of topics presented, all following the format how women can learn to expand leadership skills, gain more confidence and earn more trust from our horse.

It's exciting for me to have these opportunities to help people enjoy their horse even more!

With hundreds of vendor booths, an extensive list of presenters and hundreds of horses in every breed you can imagine, thousands of people from all over the country travel in to enjoy these celebrations of our common love of horses.

Get more details by viewing these web sites:

rockymountainhorseexpo.com
and indianahorsecouncil.org

It's amazing to me that this is how most people are with horses.

Though we may look like we know what we're doing, when the manure hits the fan, we're often at a loss, doing all the wrong things that can make the problem even worse!

So find a way to get into one of Dawn's workshops, or even better take a son or daughter with you and put your mind at ease as they also gain the insights and skills to better prepare them for the unexpected events in life.

Go on line at awakeningthehewarriorwithin.com or call for more information at 831-659-8606.

Book Review

Many of you know that I have a 'book problem.' I guess it's because I have a high level of curiosity and love to learn new things.

By better understanding our own patterns of behavior and adjusting to meet the true needs of the horse, we can gain great insight into the mind and heart of the horse.

When we change, our horse will change, but only if we're willing to honestly look at ourselves to see if we may be contributing to any issues our horse may be demonstrating.

One area many women struggle with is our societal programming to be nice or they won't like us!

Everyone raises their hand when I ask if they've ever been treated like a doormat! Then I ask a simple question... whose fault is that?!

In her book, *Approval Addiction, Overcoming Your Need to Please Everyone*, Joyce Meyer addresses this extensive and provocative topic that many women struggle with.

Most women are not taught leadership skills and yet horses are designed by nature to seek leadership in their lives for survival.

Joyce Meyer is a Christian Minister, so if your religious preferences are different, just ignore the details and draw from the meaning of this work.

Another note... even if you don't consider yourself to have an approval addiction, you may still want to read this book as you may find you have some of the qualities of the 'controller' side of this equation!

Only you will know!



Priefert Percheron Draft Team, Western States Horse Expo, Sacramento, CA